

What being tall means to me

Hello, my name is Colten Nunn, I am a 6 foot five senior at Manchester Valley high school in Manchester Maryland. Being tall can mean many different things to different people. To me being tall, doesn't mean just one thing it means being able to help others, stand up for others who can't stand up for themselves, and making people feel safe. Being tall has also helped me in my athletic career. Growing up I played every sport you can imagine. I played soccer, football, lacrosse, basketball, flag football, baseball. But out of all of those sports ultimately I decided to stick to football once I got to high school. And doing so I was able to earn an opportunity to play division one football at the university of Marist in New York. Being tall has also caused my life to be harder in some cases for example riding airplanes is very uncomfortable, sitting in the backseat of cars is almost impossible, and it can be quite hard sometimes to find clothes that fit me well. But in honesty, those are the only three negatives I can think of.

As I stated earlier being tall means that I am able to help others. For example, I volunteer at a local food pantry that hands out food to the less fortunate. I also help out in their thrift store that makes the money to help the people who are hungry. Just yesterday an older lady need help getting a lamp off of a higher shelf and she was able to find me in the store and ask for my assistance. Another instance is when I go shopping with my mom I have always been able to grab the stuff for because I'm able to reach the high shelves.

To me being tall also means being able to stand up for others who can't stand up for themselves. I have always prided to myself on trying to make everybody feel welcome. For example, I am a participant in Manchester Valley's LFI PE program. The LFI pe program is a program at our school where kids with different special needs are able to partner up with student not in the LFI program and get to have a great physical education experience. While in a regular PE class many of these LFI students would get left behind or not be accommodated for what they need. But through the LFIPE class I am able to help many of the kids. enjoy PE just like everybody else and give them the best experience possible.

The last thing that being tall means to me is making others feel protected or safe. When I am out with my friends or my girlfriend, I am always one of the if not the biggest dude around because I am 6 foot five and almost 300 pounds. I always make an effort to look around and make sure nothing bad is happening and nobody is being messed with. I know I am not invincible by any means but I always try my best to make everybody feel as comfortable as possible, and as safe as possible, no matter where we are, whether it's school, the grocery shop or anywhere else we might be.

To conclude my essay of what being tall means to me, it means being able to help others, stand up for others when they can't for themselves, and making people feel safe. I am very thankful that I have been given the height that I have and I am trying to use it to the best of my ability to have a positive impact on everybody. This is my essay thank you for your consideration.