



March 2, 2026

To Whom it May Concern:

I have been Sophia Morgan's school counselor throughout high school and I enthusiastically recommend Sophie for admission to your institution. I have had the privilege of witnessing her exceptional academic drive, intellectual curiosity, and pleasant demeanor throughout her high school career. She is a great student and an equally impressive young person whose strengths and accomplishments make her one of the top members of her graduating class.

Sophie has earned a remarkable cumulative GPA of 102.8 and is ranked 5th out of 139 students in her graduating class. This June, she will graduate with both an Honors Diploma and a STEM Diploma, a testament to her ambition, dedication, and exceptional academic capability. Throughout high school, she has consistently achieved highest honors and will graduate with highest honors distinction. Sophie is naturally bright and highly capable, particularly skilled in math and science, and she continuously challenges herself with rigorous coursework. Her commitment to excellence and accomplishment is evident.

Sophie is passionate about using her academic strengths to make a difference—specifically in the area of climate change, where she hopes to contribute meaningfully through science, engineering, and innovation. She participated in the University of Maine's Consider Engineering and Self Engineering camps, further cultivating her STEM interests. Her intellectual enthusiasm is balanced by her kind nature, curiosity, and willingness to engage thoughtfully. She takes expectations and learning seriously, but she approaches learning with purpose and curiosity.

Beyond her academic success, Sophie is highly involved in extracurricular activities and community service. She has been an active participant in Envirothon for the past three years, reflecting her environmental interests. She is a two-year member of our National Honor Society, currently serving as Historian, and a dedicated member of Key Club, volunteering in numerous service projects. Sophie has volunteered at youth field hockey and basketball camps each summer for the last three years and contributes annually to the Haunted YMCA community event.

Sophie is also a talented and committed athlete. She has participated in varsity field hockey and varsity basketball throughout high school. She has played varsity tennis since 10th grade, demonstrating tremendous growth and earning First Team All-Conference recognition last year. Outside of school, she enjoys tennis, time with family and friends, walking her dog, and traveling. Her work ethic extends into her employment as well.



Sophie worked part-time this past summer with the YMCA camps and later at collegiate concessions during the fall and winter seasons. She is CPR certified and Child Care certified, showing additional responsibility and preparedness.

Sophie is not only academically gifted but also focused, resilient, adaptable, and an excellent collaborator with peers. She manages her demanding schedule with responsibility and a sense of ease, maintaining high performance across all areas. She is pleasant, polite, and enjoyable to work with. With her characteristics, intelligence, motivation, and determination, I have no doubt she will excel in college and beyond. I highly recommend Sophia Morgan and I am confident she will make good use of opportunities awarded to her. Please feel free to contact me if additional information is needed.

Sincerely,

A handwritten signature in black ink that reads "Jami Martell". The signature is fluid and cursive, with the first name "Jami" and last name "Martell" clearly distinguishable.

Jami Martell, M.A.Ed., LSW
School Counselor
Old Town High School
(207) 827-3910 ex. 2264
Jami.martell@rsu34.org